

Returning People to the Workplace Safely

A Practical Guide for Managing COVID-19
Australia





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Introduction This Guide was created to identify issues relating to workplace safety and aspects of returning to on-site work and should be used to support the application of a risk assessment which underpins workplace safety legislation in your state or territory.

While this Guide may contain guidance and recommendations, all decisions in connection with the implementation of such guidance and recommendations ultimately must be made by your organisation and accordingly shall be its sole responsibility.

The world's knowledge regarding COVID-19 mitigation strategies continues to evolve and our guidance is based on the most recent thinking and practices as of June, 2020. However, as businesses look to transition from lockdown to return to work, we recognise that the period of transition may be extended and may include starts and stops to address virus flare-ups and hot spots, so flexibility and thoughtful planning will be essential.

Marsh has focused the Guide on identifying immediate actions for clients to consider as they prepare, implement, and manage a return to on-site work. We have drawn upon our knowledge in safety management systems, mental health and wellbeing,

industrial hygiene, ergonomics, and workplace productivity to create a comprehensive approach. While our guidance is extensive, it is not exhaustive. Each client must assess factors and considerations, many of which are constantly changing, that are specific to its business, including directives and guidance from federal and state governments. Further, we recognise that some individuals may have personal situations that prevent them from returning to the office under any circumstances until there is a vaccine or treatment for COVID-19.

To use this Guide effectively, Marsh recommends that organisations:



IDENTIFY

their readiness for return to work.



DEVELOP

a plan using this Guide.



IMPLEMENT

and continuously update the plan based on experience and changing conditions, including governmental directives and guidance.

In doing so, Marsh advises that the following considerations apply to each section of this Guide and should inform your decision-making:

- 1. Colleague health and safety is paramount.
- Organisations must respect their employees' privacy as it relates to protected health information and must implement any changes to employment practices only in accordance with applicable law.
- 3. For many organisations, much work can be performed productively and effectively through virtual work arrangements.

- 4. Organisations must comply with applicable directives and guidance that may be issued by federal and state governments.
- 5. Local conditions, including employee sentiment, market needs, regulatory requirements, and cultural practices in a geography, are constantly evolving. Flexibility is key to balancing your employees' and business needs.

Note that each section of this Guide can be read on a standalone basis and/or in any order based on your individual needs as identified through the following assessment.



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How Ready Is Your Organisation?

The below assessment provides a list of considerations to help you evaluate your organisation's readiness for bringing people back to work.

Note that this is a broad and non-exhaustive list of considerations, which are subject to change depending on evolving conditions.

How to Use the Assessment

- 1. Review each item and answer it as Yes or No.
- 2. After answering each question, list out all items that were scored as No.
- 3. Review each of these listed items and label them into high, medium, or low priority.
- 4. Read the corresponding section in this Guide to help you identify and consider the highest priorities.
- 5. Develop and implement a plan to address the priorities that your organisation identified as the most critical.
- 6. As deliverables are being achieved, review the priority list and select subsequent items to work on.
- 7. As gaps continue to be closed or conditions evolve, consider the other items for completeness. In addition, you should consider other risks specific to your organisation that are not included within the assessment below.
- 8. As necessary, add additional activities to enhance and improve the COVID-19 response.

ITEM	YES/NO	SECTION
Do you have a coordinating body to manage your response to COVID-19?		1
Do you have a COVID -19 screening procedure in place?		2
Do you conduct pre-work temperature checks?		2
When an employee reports feeling unwell, is there a dedicated location to isolate the employee?		3
Do you have a referral and transportation plan for employees presenting with COVID-19-type symptoms?		3
Do you have a plan to minimise contact between workers?		4
Do you have a general sanitisation plan?		5
Do you have a sanitisation plan for location(s) for where an infected/suspected employee was working?		5
Do you have a plan to return an employee to work after a COVID-19 illness?		6
Where you made physical changes to the work environment to respond to COVID-19, have you conducted a hazard review?		7
In response to COVID-19, are there new chemicals on site or are there larger volumes of previously stored chemicals?		8
Is there new equipment being deployed in response to COVID-19?		9
Have you introduced ergonomics hazards through the implementation of new equipment and/or procedures?		10
Do employees understand how to safely implement working from home?		10
Are crisis management/emergency procedures in place?		11
Have you updated the emergency management plan?		11
Are employees familiar with the organisation's COVID-19 response activities?		12
Do you have an updated training program that makes employees aware of changes to operational requirements due to COVID-19?		13
Is there a continual improvement process in place to leverage findings from incident reviews?		14
Have you audited the effectiveness of new controls put in place to address COVID-19 issues?		15
Are managers and supervisors increasing positive reinforcement on safe behaviours to prevent incidents?		16
Has the organisation developed support services and programs for employees affected by the pandemic, including financial, emotional, and physical support?		16
Have you integrated the COVID-19 response activities within your safety management system?		17



Pandemic Support Team

Organisations should establish a COVID-19 Pandemic Support Team comprised of representatives of various functions tasked with the implementation, maintenance, and improvement of the COVID-19 response.

The primary goal for the team will be the achievement of the organisation's performance goals with no person-to-person COVID-19 transmission in the workplace attributed to a breakdown in the organisation's response and business recovery activities.







The Pandemic Support Team must consistently monitor local quarantine/lockdown orders and guidelines on social distancing.

Your Action Plan

The Pandemic Support Team structure is loosely modeled after the Emergency Planning Committee and brings together key decision makers with the authority to commit the organisation to a specific course of action while also being able to acquire needed resources such as Personal Protective Equipment (PPE). In addition, the team members should have knowledge of and be responsible for the implementation of the organisation's return to work program and related activities. Where multiple locations are involved, location leadership should confer and coordinate with the Pandemic Support Team at the corporate level.

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The key roles and responsibilities of the Pandemic Support Team may include:

TEAM LEADER

The Team Leader should be the executive/manager accountable for the organisation/site/location.

OPERATIONS LEAD

This role is responsible for implementing and mobilising your organisation's COVID-19 response and return to work. This role should be filled by an Operations or Production Leader.

LOGISTICS LEAD

This role is responsible for acquiring the specialised resources required to implement the return to work program. This role should be filled by a Procurement expert.

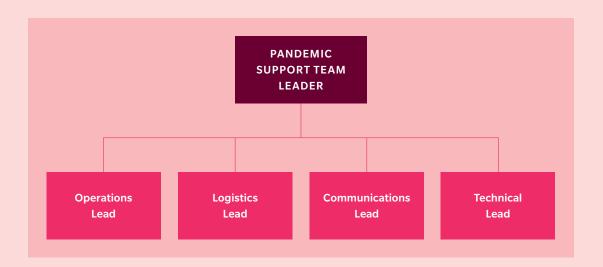
COMMUNICATIONS LEAD

This role is responsible for return to work program awareness, communications, and training. A human resources (HR) leader may be well placed to assume these responsibilities. Additional responsibilities may include the integration of wellness programs, worker resources, and other worker support activities.

TECHNICAL LEAD

This role provides expert guidance to the team and may be filled by a safety professional, health professional, or other staff member knowledgeable in emergency response.

In addition, the Technical Lead should conduct COVID-19 audits to confirm that the return to work program is implemented effectively and to identify any areas for improvement.



Based on your organisation's available resources, these roles may be filled by internal stakeholders or trusted external stakeholders.

The Pandemic Support Team initially should consider meeting daily. As the response and return to work is established, the team may then choose to taper meeting frequency and meet as needed. The Pandemic Support Team should regularly confer with legal counsel (and consider including a member of the organisation's Legal or Compliance group as a member of the Pandemic Support Team) and medical/

health professionals to routinely monitor evolving directives and guidance from government agencies and health authorities such as the <u>Department of Health</u>. Among other things, the Pandemic Support Team must consistently monitor local quarantine/lockdown orders and guidelines on social distancing, and be prepared to revise its organisation's own procedures accordingly.

Pre-Workplace Entry Screening

In the absence of a COVID-19 vaccination or reliable and widespread antibody testing, organisations may consider whether pre-workplace entry screening should be a component of maintaining a safe environment for employees, contractors, and visitors.

The objective of such screening would be to detect and prevent any person with COVID-19 symptoms from entering the workplace to reduce the spread of the disease. Screening may help ease employee, contractor, or visitor anxiety about returning to work.

Your Action Plan

Your action plan must comply with any requirements from federal and state governments regarding temperature checks and testing. Currently, widespread testing for COVID-19 (diagnostic and antibody) is not available. We recommend that you regularly revisit this issue as new technologies and medical advice becomes available.



Many organisations have never conducted preentry screenings and may not have the in-house capabilities to do so. Such screenings may raise privacy concerns relating to protected health information, and may create potential liabilities for the organisation. For that reason, organisations should confer and carefully assess with legal counsel and medical/health professionals before instituting pre-entry screenings.

If your organisation chooses to implement pre-entry screening, the process below potentially can apply to all employees, contractors, and visitors immediately prior to entering any building or starting their work. Here are four things to do should you choose to implement on-site screening at your organisation.

Screening Site Preparation

- Identify and designate a screening area conducive to maintenance of physical distancing that is accessible without going through a populated work area (e.g., locker room or canteen).
- Set up the screening area: table, log sheets, pens, chairs, PPE, wristbands (if used), and sanitising equipment.
- Provide screener PPE, including: disposable gloves; disposable or washable smock or coat; masks such as N95 surgical respirator, standard N95 respirator, or disposable surgical mask; and a transparent face shield.
- Check that the screener has properly donned PPE, understands the frequency that it is supposed to be changed, and knows how it is to be appropriately disposed of.
- Calibrate the thermometer if required by the manufacturer.
- Instruct employees, contractors, and visitors to maintain at least 1.5 metres of separation while waiting for screening. (Note: Where practical, mark the flooring to indicate 1.5m separations.)

Screening Questions

- A. Ask the person if he/she has experienced any of the COVID-19 symptoms: cough, shortness of breath, difficulty breathing, elevated temperature, chills, repeated shaking with chills, muscle pain, headache, sore throat, or the new loss of taste or smell. Please reference the <u>Department of Health's guidelines</u> for the latest list of symptoms and other best practices.
- If No, move to Step B.
- If Yes, and the symptoms are due to a known cause other than COVID-19 as advised by a health care professional, move to Step B.
- Otherwise, explain that they cannot enter the premises today and should return home and seek medical advice. Mark the log sheet with Fail.
 Note: See appendix for a Sample Log Sheet.
- **B.** Ask the person if within the last 14 days he/she has been in close contact with anyone who has been diagnosed with or who has symptoms that suggest they might have COVID-19.
- If No, move to Step C.
- If Yes:
 - Explain that he/she cannot enter the premises today and should return home. Mark the log sheet with Fail.
- **C.** Ask the person if he/she has been diagnosed with COVID-19 by either a positive test or a health care professional.
- If No, move to temperature testing.
- If Yes, ask if he/she has recovered from COVID-19 per the guidance found in Section 6.
 - If Yes, move to the temperature check testing.
 - If No, explain that he/she cannot enter the premises today and should return home. Mark the log sheet with Fail.

Temperature Check

- A. Confirm with the person that he/she is authorising you to take his/her temperature (verbal consent). If you receive consent, go to the next step. If the person refuses, then send him/her home and mark Consent Not Granted in the log.
- **B.** Instruct the person to remain still during the process for accuracy.
- **C.** Obtain temperature using the thermometer as per the manufacturer's instructions.
- If the temperature is not elevated, write Pass on the log sheet and release the employee, contractor, or visitor to enter the workplace. Some organisations may ask each person to wear a coloured wristband after successfully completing the screening. If part of your procedures, affix the appropriate wristband before allowing the individual to enter the workplace. This visual control indicates that the person has completed the screening and is able to enter the premises that day. A differently coloured wristband should be issued each day.
- D. If the temperature is elevated, inform the employee, contractor, or visitor that he/she has failed the temperature testing and that an additional test will be performed in five minutes. If the additional test indicates an elevated temperature, write Fail on the log sheet and explain that he/she cannot enter the workplace and suggest that the person seek medical advice.

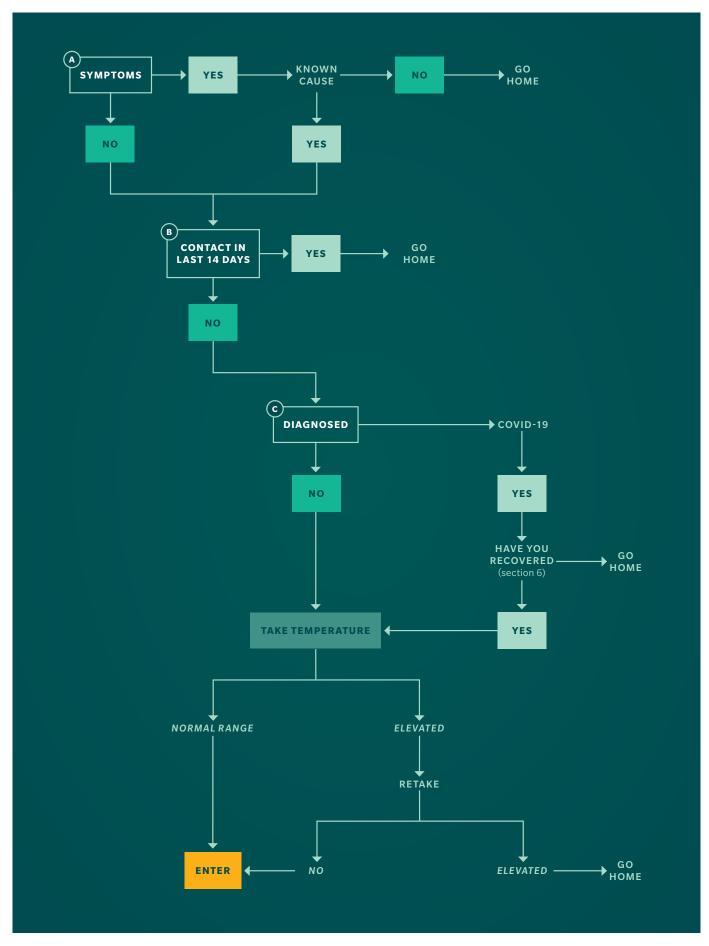
Screening Site Sanitation

- **A.** Develop protocols to clean and sanitise all surfaces as appropriate, particularly those touched by a person who failed the screening.
- **B.** Sanitise the thermometer after each use with a sanitising wipe.
- **C.** Clean and sanitise all equipment when screening is complete.
- **D.** Place the log sheet in a clear plastic covering prior to bringing it inside the location to avoid sharing a potentially contaminated item.
- **E.** Properly remove PPE, discard disposable PPE, and wash hands.

Note: Follow federal and state government requirements regarding the use of facemasks or PPE in the workplace. When implementing your organisation's policies, consider whether facemasks and/or other PPE are readily available.



Develop protocols to clean and sanitise all surfaces as appropriate, particularly those touched by a person who failed the screening.





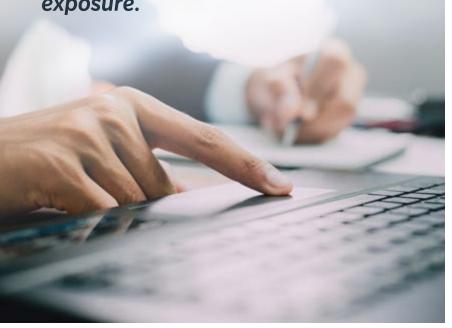
Protocols for Employees Sick at Work

Employees may develop symptoms of COVID-19 while at work. Organisations should consider developing sick at work policies and procedures to handle these situations properly.

If an employee complains of signs and/or symptoms of COVID-19, we recommend erring on the side of caution. The organisation should treat the employee, who may be ill, in a humane and caring manner, while also safeguarding the health and wellbeing of other employees.



Organisations should inform and encourage employees to self-monitor for signs and symptoms of COVID-19 if they suspect possible exposure.



Your Action Plan

Organisations should consider developing policies and procedures for the prompt identification and isolation of an employee who reports feeling ill in the workplace with symptoms of COVID-19 while being considerate of the employee's privacy rights. As stated above, the prompt identification and isolation of potentially infectious individuals is a critical step in protecting workers, customers, visitors, and others at a worksite.

To that end, organisations should inform and encourage employees to self-monitor for signs and symptoms of COVID-19 if they suspect possible exposure. In addition, organisations should consider policies and procedures for employees to report when they are sick or experiencing symptoms of COVID-19 (or witness a colleague exhibiting symptoms of COVID-19), as the following on the next page:

- All employees should be instructed to immediately report any symptoms of COVID-19 experienced (or if they experience a colleague exhibiting such symptoms) during the work shift to their supervisors or managers. Supervisors and managers should be trained on how to handle symptomatic employees.
- Any team member exhibiting such symptoms during the work shift can be asked to wear a mask (if not already wearing one) and be sent to a dedicated holding area (not the medical centre/first aid room) with separate access to the outside of the building/work area (if possible). The employee should be asked to avoid touching common work surfaces.
- The employee should be sent home. **Note:** The organisation should consider developing a plan for transportation from the workplace, especially if the employee did not arrive by personal vehicle. The plan should also specify how the employee may seek medical support.
- Advise the employee of the availability of wellness and/or Employee Assistance Plan services as appropriate (see Section 14 for more information).
- The work area, tools, and equipment handled by the symptomatic employee and any common areas (such as restrooms or cafeterias) accessed by the symptomatic employee should be immediately cleaned, sanitised, and disinfected in a manner consistent with Department of Health guidelines. These activities should be documented and included in a visual control (See Section 17: Effective Safety Culture: Additional Considerations).
- Employees who have come into close contact (within 1.5 metres) with the symptomatic employee should be advised to take precautions such as self-isolating at home, wearing a mask (if not already wearing one), self-monitoring for symptoms of COVID-19, practicing physical distancing, and avoiding sharing tools or equipment for 14 days. Additionally, common touchpoints and surfaces contacted by possibly symptomatic employees should receive an increased frequency of cleaning and sanitising.
- The employee's supervisor/manager should advise Human Resources that the employee reported feeling unwell and left the workplace.

Physical Distancing and Contact Reduction Measures

In the absence of a vaccine, physical distancing is widely viewed as the most effective control to reduce the spread of COVID-19.

Organisations should consider how they will implement physical distancing of at least 1.5 metres and the one person per 4 square metre rule for premises. To meet this goal, the following guidelines provide practical tips to consider when implementing and maintaining physical distancing.

Your Action Plan

The following recommendations are potential solutions to maintain physical distancing, where reasonable. Each action plan should be tailored to your organisation's work environment. For example, an action plan for an office building in an urban location may vary significantly from a factory in a rural community.



Consider redesigning workstations to reduce/avoid employee contact. In a production environment, consider relocating equipment and installing clear barriers (i.e., plexiglass) between workers if they cannot be located 1.5 metres apart. If this is not practical, consider providing additional PPE such as N95 respirators or surgical masks and gloves, including the associated training in the safe use of the PPE. Additional deep cleaning may also be required. **Note**: See Section 5 for additional detail on sanitisation and deep cleaning.

Where employees need to work at a company site such as a factory/production facility or office, consider altering the work schedule to minimise the number of employees entering and working in a shared space at any given time. This may require the implementation of multiple shifts.

Where employees stand in lines (i.e., at time clocks), seek alternatives that do not warrant employees to congregate. For example, for the foreseeable future, consider asking supervisors to record the presence of employees rather than using time clocks. If it is not possible to redesign the process, consider putting markers on the floor or wall to designate minimum physical separation distances.



DIGITAL COMMUNICATION

Rather than speaking face-to-face, employees should be encouraged where practical to use unshared work or personal telephones, online conferencing tools, e-mail, or instant messaging to communicate.



PUBLIC SURFACES

When opening doors or touching other public surfaces, instruct employees to use an elbow, a paper towel, tissue, or disposable glove. Avoid touching shared equipment (such as printers, lift buttons, or restroom doors). Hands should be sanitised after disposing of a paper towel or tissue, and public surfaces should be sanitised regularly.



DOORS AND LIFTS

Where doors can be kept open without compromising security or privacy, continue this practice to limit employees from touching handles. Establish lift capacity guidelines, e.g., no more than 4 per lift (depending on size/layout of lifts).



REMOTE WORK

Working remotely is the most effective way to maintain physical distancing. Consider extending work from home/telecommuting wherever possible, and advise employees who are not comfortable returning to the office that they may continue to work remotely. **Note:** If extending work from home, see Section 10 for ergonomic recommendations.



SPLIT TEAMS

If reasonable, an organisation can limit the initial return to the office only to those employees who are essential, or to a limited and specified percentage of the total workplace.



NON-VERBAL COMMUNICATION

Consider developing and explaining a system of hand gestures to convey information. For example, thumbs up for a good job or a wave instead of a handshake.



MEETINGS

Use video conferencing as the preferred method of meeting. Unless an exception is granted by management to do so, meetings can be limited to a defined number of employees. At all times, use best efforts to practice physical distancing. E.g. hold team huddles or meetings outdoors or in open spaces where people can sit one person per table and/or spread out. Also, consider removing chairs to reduce the potential for a breakdown in physical distancing.



DELIVERIES

Establish a shipping/receiving drop point, to which access is restricted.



SIGNAGE

Develop and place signage in shared workspaces reminding employees of physical distancing and handwashing expectations, i.e., soap and warm water for at least 20-seconds or the use of hand sanitiser when handwashing is not possible.



BREAKS

Where practical, suggest that employees bring their lunch or implement Grab & Go canteen services. Request that employees eat at their workstations or physically separated from others. Limit access to common areas where food is available and consider placing sanitising wipes near any vending machines. Consider staggering breaks, and enhance plans to sanitise common break areas between sittings. Establish guidelines when visiting neighbouring businesses (e.g., restaurants).



NON-EMPLOYEES

Establish visitor and contractor policies and communicate your requirements to visitors or contractors in advance of their arrival. Limit visits to essential services only. Where contractors or other visitors have to be admitted to a shared workspace, consider screening them prior to admittance.



HANDS-FREE

If possible, introduce automation/voice recognition to avoid the need to touch light switches or similar. Where automation is not practical, use disposable gloves or only elbows to touch light switches or lift buttons. Consider placing hand sanitiser dispensers in the vicinity, and encourage staff to use sanitiser or wash hands after contact with the switch/button. Regularly sanitise these surfaces.





Workplace Sanitisation Plan

Given the multiple cleaning requirements necessary to reduce the risk of person-to-person transmission, a Sanitisation Plan that describes housekeeping practices used by both the cleaning staff and employees should be considered.

This plan should include processes for cleaning, disinfecting, and sanitising frequently used tools and equipment as well as deep cleaning where the likelihood of the COVID-19 virus is suspected.













Your Action Plan

While every work situation is different, the following list provides guidance that organisations may customise to meet their specific requirements. Soap and water is an excellent disinfectant and more readily available than most other disinfecting solutions.

When to Clean and Disinfect

- Perform routine environmental cleaning and disinfection:
 - Routinely clean and disinfect all frequently touched surfaces in the workplace, such as workstations, keyboards, handrails, doorknobs, tables, light switches, countertops, handles, phones, keyboards, toilets, taps, sinks, and similar.
 - Clean and disinfect surfaces as soon as possible in areas where a person with respiratory symptoms (e.g., coughing, sneezing) was present.
 - Provide anti-viral wipe stations near common work areas and encourage staff to clean their workstation and equipment.
- Perform deep-cleaning when any person is identified as being COVID-19 positive by testing or where this is suspected.
- Close off areas used by confirmed or suspected COVID-19 positive persons.
 - After the appropriate amount of time, deep clean the space.

How to Clean and Disinfect

- Ventilate areas before you clean and leave windows and doors open during cleaning.
- If surfaces are dirty, they should be cleaned using a detergent or soap and water prior to disinfection.
- Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., regarding concentration, application method, and contact time).

- Disinfection techniques may include surface cleaning, spraying, fogging, and laundering.
- Deep cleaning may be performed by a specifically trained internal response team or by contract personnel. If so:
 - Products should be used per label requirements.
 - Specialised equipment should be considered, such as foggers and electrostatic spraying devices.

Infection Prevention

- Provide ample stations offering anti-viral hand lotions and disinfectant wipes near common work areas.
- Discourage workers from using other workers' phones, desks, offices, or other work tools and equipment, when possible. If necessary, clean and disinfect such items and areas before and after use.
- Consider making available disposable wipes to employees so that commonly used surfaces (doorknobs, keyboards, remote controls, desks, and other work tools and equipment) may be wiped down by employees before each use.
- Encourage frequent and thorough hand washing.
- Encourage employees to maintain safe distances at all times.

Safety Guidelines for Cleaning Personnel During Cleaning and Disinfection

- Wear disposable gloves (see Safety Data Sheet) when cleaning and disinfecting.
 Gloves should be discarded after each use. Wash hands immediately after gloves are removed.
- Wear eye protection when there is a potential for splash or splatter to the face.
- Wear work attire and footwear that is easy to clean.
- Gowns or aprons are recommended to protect personal clothing.
- Store chemicals in labeled, closed containers. Keep them in a secure area and in a manner that prevents tipping or spilling.
- Place all waste generated during cleaning into a separate waste bag and collect the waste frequently.

Communication and Training

- Educate employees to recognise the signs and symptoms of COVID-19 and to report immediately.
- Inform employees of cleaning protocols and responses.
- Notify employees upon the discovery of possible exposure and the organisation's response.

Additional Resources

 https://www.safeworkaustralia.gov. au/covid-19-information-workplaces/ cleaning-prevent-spread-covid-19.

Employee Post-Infection Return to Work Policies

In order to reduce the potential for exposure to COVID-19 in the workplace, organisations should develop a process for employees returning to the workplace after recovering from COVID-19 infection.

Need help now?

Want support adjusting your RTW policy for staff who've recovered from COVID-19? Email marshaustralia@marsh.com and we will have a Marsh consultant get in touch as soon as possible.

Your Action Plan

Organisations must regularly monitor the advice of the Department of Health and other health authorities in determining whether a colleague who experienced a COVID-19 infection may return to work. In addition, organisations must be aware of privacy laws where protected employee medical information is concerned, and must adhere to federal and state government guidance regarding return to work. Further, organisations should consider consulting with medical/health professionals before implementing a post-infection return to work policy. Workers' compensation cost is minimised if employers can return their employees back to work in a timely manner. If they cannot return to their pre-injury role, a new role with their existing employer must be identified, or alternatively, a new role with a new employer.

Hazards and Updated Controls

In response to COVID-19, most organisations have instituted new ways of working out of necessity. As a result, these newly created work practices may have created unintended risks that organisations now need to address.

It is important for organisations to identify new hazards and reassess existing hazards in their new working environments and update their controls accordingly to manage them effectively.



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Your Action Plan

Organisations should be confident that their hazard control framework is effective. To address this challenge, the following actions on the next page should be considered.

1. Review operations and identify changes to existing activities and/or new activities to address the spread of and possible exposure to COVID-19

Examples may include: wearing of additional PPE such as an N95 respirator, use of a powered air-purifying respirator (PAPR), introduction of new sanitising equipment and chemicals, or an increase in on-site chemical storage and volume.

2. Specify hazards introduced through these changes

Examples may include chemical poisoning and fire potential.

3. Use a risk matrix

Determine the significance of the specified hazard based on the probability of it occurring and the severity of its impact (see Figure 1 below).

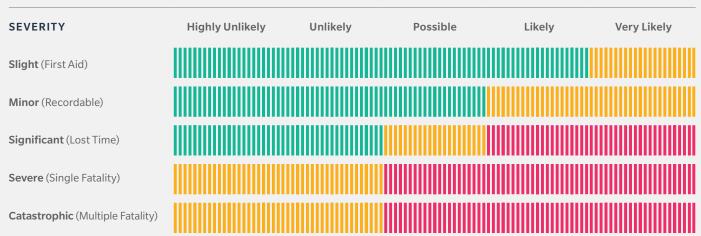
4. Determine control activities that reduce the risk to an acceptable level (the green and yellow segments of the example seen in Figure 1 below)

Should any hazard remain in the red-shaded section, due to the likelihood of a significant/severe outcome, organisations should consider stopping work until a more effective control can be instituted. **Note:** This hierarchy of controls is designed to eliminate the hazard. If that is not possible, the hierarchy should be used to reduce the severity of the consequence and/or reduce the probability/frequency of the occurrence. Examples of control activities include:

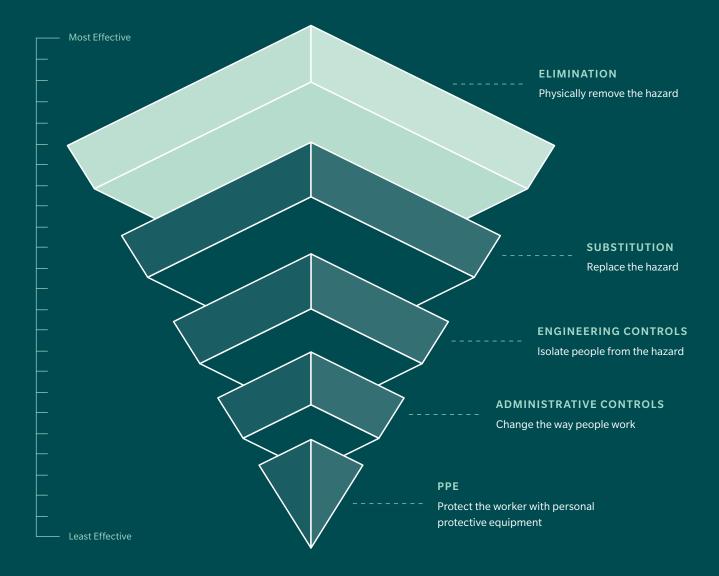
- A. The elimination of the hazard.
- **B.** The substitution of the hazard with an alternative (such as a cleaning agent with another less hazardous chemical).
- **C.** An engineering control such as an equipment guard or blinds/plastic shield installed in a supermarket cashier lane.
- D. An administrative control such as a policy, procedure, or work requirement that, when followed, reduces the chances of an incident occurring. A pre-work temperature screening instruction is an example of this type of control.
- **E.** Providing PPE. **Note:** PPE is regarded to be a lesser effective level of control.

Figure 1: Sample Risk Matrix

FREQUENCY



Hierarchy of Controls



5. Implement the control(s) and address any implementation shortcomings

It is important to review the effectiveness of the controls and make any additional changes to manage the hazard.

Other Considerations

Please review subsequent sections for additional details related to hazardous chemicals, equipment, and ergonomic controls.





Hazardous Chemical Protocols

For organisations that introduce new cleaning chemicals to the workplace to clean and disinfect work areas and prevent the spread of COVID-19, it is essential to assess whether these chemicals pose hazards to employees who may be exposed to them. In addition, protocols must be in place to meet regulatory requirements.



It is essential to assess whether cleaning chemicals pose hazards to employees who may be exposed to them.

Your Action Plan

Consider control activities to address chemical hazards such as, but not limited to, the following:

- Review of the Hazardous Chemical Register content and verification
 that it is up to date and meets regulatory requirements. The plan must
 include information on hazard classification, labeling requirements,
 chemical inventory and Safety Data Sheets (SDS), and employee
 communication processes.
- Establishment of an inventory that lists all chemicals found on location.
- Collection and filing of SDS so that they are available for review.
- Identification of hazards for the chemicals and development of mitigation measures to prevent employee exposure and injury.
- Assessment of chemical storage containers and locations to confirm all containers are labeled with the correct information.
- Development of employee training to educate employees on the specific precaution measures taken when working with the new chemicals introduced to the location. The training can include hazards associated with the chemicals, navigating the SDS elements and warning pictograms, personal protective equipment required to prevent exposure, and first aid measures needed if exposed. See example on next page.
- Development of a PPE assessment for any new tasks requiring additional or new PPE or respiratory protection.

Example of Pictograms

GHS Quick card: Hazard Pictograms and GHS hazard classes



HEALTH HAZARD

Carcinogens
Respiratory Sensitisers
Reproductive Toxicants
Target Organ Toxicants
Germ Cell Mutagens



FLAME

Flammables
Pyrophorics
Self-Heating
Emits Flammable Gas
Self-Reactives
Organic Peroxides



EXCLAMATION MARK

Acute Toxicity
Skin Irritants
Eye Irritants
Skin Sensitisers

In January 2017, Australian businesses in most states and territories finalised adoption of the new Globally Harmonised System of Classification and Labelling of Chemicals (GHS). The GHS requires globally recognised pictograms on labels to alert users of the chemicals hazards to which they may be exposed. Each pictogram consists of a symbol on a white background framed within a red border and represents a distinct hazard(s). The pictogram on the label is determined by the chemical hazard classification.



GAS CYLINDER

Gases Under Pressure



CORROSION

Eye Corrosion
Skin Corrosion
Corrosive to Metal



EXPLODING BOMB

Explosives
Self-Reactives
Organic Peroxides



FLAME OVER CIRCLE

Oxidizers



ENVIRONMENT

Aquatic Toxicity
Not covered within the
scope of workplace
hazardous chemicals
requirements



SKULL & CROSSBONES

Acute Toxicity (fatal or toxic)



Equipment Safety Plans and Processes

Organisations implementing changes to equipment use/processes or introducing new equipment, as a part of their COVID-19 response, should review their existing protocols. Safety reviews can identify additional needs to protect workers, equipment, and integrity of products.



The initial start-up of equipment that has sat idle can present inherent dangers if not lockdown/secured or re-started properly.

Your Action Plan

Depending on the type of business and equipment in use (this can range from use of a thermometer in an office setting to a multibuilding manufacturing facility), organisations should consider the following actions on the next page.

Ergonomic Assessment

Perform an ergonomic assessment of equipment currently installed or in use to identify opportunities for enhancements. For any upcoming procurement or intended changes to equipment currently in use, provide ergonomic recommendations. See also Section 10: Ergonomic Controls.

Pre-start-up Safety Review

The initial start-up of equipment that has sat idle can present inherent dangers if not lockdown/secured or re-started properly. Review current processes and identify any recommended enhancements.

Mechanical Integrity/ Maintenance Protocols

Review existing program and written procedures, including items such as inspections and tests, testing and inspection frequencies, and documentation of manufacturer recommendations. Assist in establishing policies or integration of elements into the existing process.

Guarding

Review the status of equipment guarding, equipment enhancements, and corresponding company policies as applicable. Identify any physical deficiencies or opportunities for enhancements and create or incorporate enhancements to current company documents.

Lockout/Tagout

Review plan to confirm that content is up to date and meets regulatory requirements.

Assess implementation and use of plan, identify recommendations, and assist in incorporating and establishing changes.

Noise

Perform a noise-sampling assessment of equipment as well as identify exposures to employees. Review or assist in the creation of a Hearing Conservation Program (HCP). If needed, provide recommendations to reduce noise levels below regulatory requirements.

Powered Industrial Trucks

Review the current program and equipment type/use, perform observations, and make recommendations for enhancements. Assist in incorporating and establishing any recommended changes.

HVAC/Indoor Air Quality (IAQ)

Coordinate review of existing settings and maintenance of equipment and identify post-COVID-19 recommended changes and additional enhancements to equipment. Perform IAQ assessment and any potential sampling following employee complaints or to identify baseline levels at a given time/setting.

Training

Assess current training processes and documents. Review from initial onboarding to recurrence, perceived effectiveness, and related documentation. Provide recommendations from a regulatory compliance to best practice standpoint. Assist in incorporating recommendations in a sustainable manner.

Regulations/Standards

Identify additional known or potential regulatory issues concerning safety aspects of equipment in use or proposed to be used at the facility. Additionally, identify and provide recommendations based on best practice standards as available.

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Update Ergonomic Controls

Your organisation's COVID-19 response may require substantial changes to work practices due to physical distancing, staggered shifts, new equipment, a higher proportion of employees working remotely, and other impacts to the workforce/workplace.

Where work practices are altered, consider whether an ergonomic assessment should be conducted to identify any workplace injury risks. Based on the findings, it may be reasonable to put controls in place to address these risks.

Your Action Plan

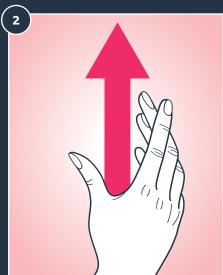
An initial review can be undertaken to identify potential hazards. To do this, the Pandemic Support Team – especially the Technical Lead or a delegate – can review the changes to work practices to determine whether the changed work practice potentially places demands on employees that exceed their physical capability. Some of these demands are illustrated overleaf.

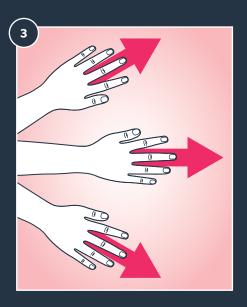
Should the answer to any of the above be yes, there is the potential for a musculoskeletal injury. Organisations can proactively address any workplace injury risks. This applies to whether the activity is occurring in an office, a production facility, or when working from home. To this end, organisations may consider a more rigorous assessment by an ergonomics professional and the implementation of effective ergonomics controls.

Work from Home Considerations

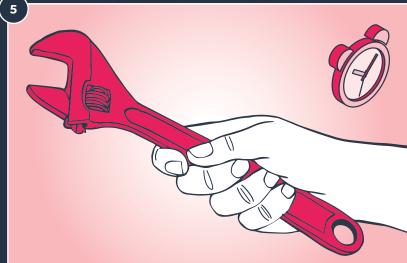
Due to the COVID-19 pandemic, numerous organisations have mandated that their employees work from home for an extended period of time. Many of these employees, however, have never worked from home — and even if they have, they haven't done so for extended periods of time. Organisations may consider creating safe work from home best practices and providing access to helplines to assist with home work environment setup and to professionally address any physical discomfort issues. Organisations can work with solution providers like Marsh to help develop these materials and provide these services.













- **1.** Reaching down below knee level.
- **2.** Reaching up above shoulder level.
- **3.** Reaching out beyond arm's reach.
- **4.** Excessive bending and twisting.
- **5.** Grip forces and repetitive work activities.
- **6.** Material handling (lift, lower, push, pull, carry).



Emergency Management Plan Procedures

The COVID-19 response is driving changes to the way we work and how facilities are used and accessed. It is essential that any procedural and physical changes are compliant, tested, and sustainable.

Your Action Plan

Consider updating your emergency procedures.

That may involve the following on the next page.



REVIEW

This is the initial step. Examine the existing Emergency Management Plan (EMP) and note any currently implemented or planned changes required as a component of the COVID-19 response.



TEST

Consider performing a tabletop review of the EMP inclusive of the COVID-19 updates. Identify gaps and opportunities for improvement concerning potential emergencies, notification, evacuation procedures, drills, employee responsibilities, checklists, training, documentation, and other EMP aspects.



ASSESS

If practical, conduct a physical assessment of the facility. In light of the review and test activities, identify any areas of non-compliance or where enhancements are needed, such as ingress/egress load, signage, emergency equipment, and employee engagement.



IMPROVE

Consider making changes to the EMP based on the findings of the prior three steps, specifically resolving any potential areas of contradiction or that are unclear/subject to misinterpretation.



ENHANCE

Consider scheduling additional tabletop exercises to test readiness of plans and correct any deficiencies.



DEBRIEF

After every use of the EMP, conduct a debrief with the Emergency Management Committee (EMC) to further identify and manage strengths and weaknesses.

Other Considerations

If your organisation does not have an EMP, we recommend that you develop and implement one. While organisations may have an existing EMP, not all employees may be familiar with it. EMP awareness may be included as part of COVID-19 training. **Note:** See Section 12: COVID-19 Communications and Engagement Plan for more details.

COVID-19 Communications and Engagement Plan

Engagement is key to effectively implementing and sustaining the COVID-19 response.

To that end, a comprehensive COVID-19 Communications and Engagement Plan is important in encouraging effective commitment from all impacted by the changes.

Your Action Plan

At the heart of any Communications and Engagement Plan is an understanding of desired outcomes. Once these outcome goals are defined, the initial plan may be developed, implemented, and assessed.

The following series of steps on the next page can help with the development and implementation of a Communications and Engagement Plan.



Set the Direction

The Pandemic Support Team should agree on the goals of the plan. These goals will likely include raising employee awareness of the organisation's COVID-19 response, explaining requirements for employees and others (such as contractors and visitors), advising on training plans, as well as providing an avenue for employees to provide feedback and ask questions.

Identify and Segment Stakeholders

The Pandemic Support Team (or its delegates) should consider segmenting the stakeholders into groups. Stakeholders can include anyone impacted by all or a part of your organisation's COVID-19 response. For each group, their role in the context of the COVID-19 response should be defined, an expected outcome should be determined, and what information they require should be documented.

Planning

The Pandemic Support Team (or its delegates) should then build a plan based on the goals identified during the previous activity. Communications may consist of signs, videos, text messages, emails, newsletters, toolbox talks, and/or other media. The team should also determine the frequency of communications.

Implementation

The communications should be designed, tested, and then issued

Assessment

The Pandemic Support Team (or its delegates) should determine the effectiveness of the communications. Data points may be collected, for example, through observation, findings from COVID-19 Response Effectiveness Assessment (see Section 15), or the number of COVID-19 positive tests.

As this is a fast-moving event, the Pandemic Support Team (or its delegates) should meet regularly, be nimble, and be prepared to promptly make changes to the Communications and Engagement Plan reflecting guidance changes from regulators and other advisory agencies, as well as federal and state governments.



General Information

Return to work training can address the following as applicable to your organisation:

- That employee safety is paramount.
- General information about the COVID-19 virus.
- Explanation on how COVID-19 spreads.
- Symptoms of COVID-19.
- What to do if you feel ill, whether at work or at home.
- General information on personal protective equipment (PPE).
- General information on reporting suspected or confirmed COVID-19 cases, and how that information will be handled by the organisation, including the level of detail potentially disclosed to other workers.
- Importance of frequent and thorough hand washing.
- Reinforcement/encouragement to stay home if sick.
- Guidance on work-related travel and interactions with clients, customers, and vendors.
- Information on contact tracing.
- Considerations around the transportation of employees to and from work.
- Any changes in the employee benefits package, such as an increase in the number of days for paid sick leave.
- Physical distancing and contact reduction "how to."
- Respiratory etiquette, including covering coughs and sneezes.
- Discouragement of using other workers' phones, desks, offices, or other work tools and equipment, when possible.

Specific Information

- Organisations should work with their legal counsel and regulatory experts to assess which regulations apply to the business and determine whether specific information should be communicated to employees. These include:
 - If the organisation is issuing a facial mask other than a respirator to its staff, then it should also consider how to minimise the chance of contaminating the mask when placing it on, removing it, and storing it.
 - If the organisation has no option other than to reuse a respirator due to limited availability, instructions should include how to disinfect it and the potential for reduced effectiveness attributable to the extra wear and tear.

- Guidelines for sanitary services such as disinfecting touchpoints around the facility, including doorknobs and handles, cabinet handles, restroom fixtures, and lift buttons.
- The organisation may want to increase its housekeeping practices, including more frequent cleaning and disinfecting of surfaces, equipment, and other elements of the work environment.







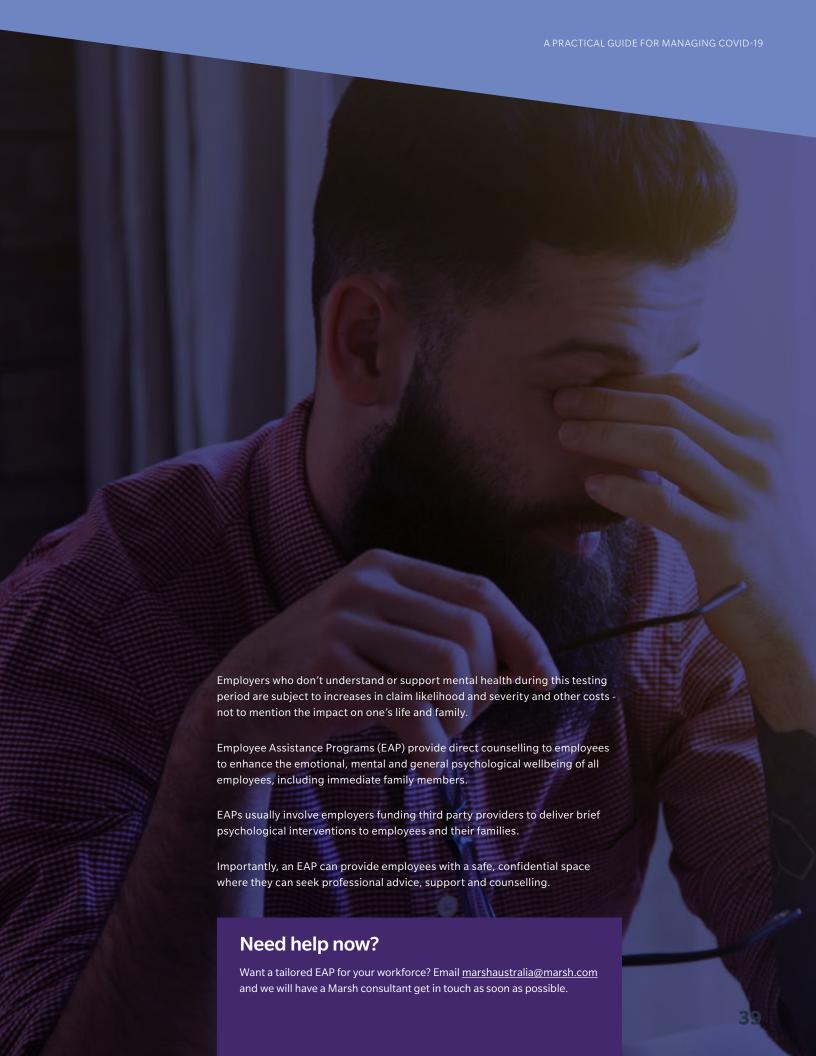
Organisations should consider additional training topics if certain COVID-19 legislative requirements were not part of previously assigned tasks.

- Organisations should consider additional training topics if certain COVID-19 requirements were not part of previously assigned tasks. Potential training topics include:
 - Chemical safety: many employees who did not come in contact with chemicals prior to COVID-19 should be trained about the hazards of cleaning materials such as disinfectants, how they can protect themselves, and where to find copies of applicable safety data sheets.
 - Eye and face protection: many employees will never have used eye or face protection previously and should be trained in correct use.
 - Organisations should consider addressing position safety and PPE assessments for any new tasks or work arrangements created by the potential for the presence of COVID-19 and how to minimise the risks associated with new hazards in the workplace.
- Post-COVID-19 orientation should reaffirm the organisation's concern for employee safety and welfare and review any key safety hazards inherent in the operations as a means of re-establishing the organisation's emphasis on occupational safety. Working with the added potential of virus risk in the workplace is going to be a distraction that can be mitigated through frequent communications and information.
 Note: See Section 12: Response Communications and Engagement.
- Organisations are advised to work with their legal counsel to monitor developments in legislative requirements that may impact business operations in order to be positioned to adjust internal communications accordingly.

Mental Health & Wellbeing

Remote work and reduced working hours has caused increased mental health risks for employers, and anxiety and stress for workers during COVID-19.

Whilst there have inevitably been some positive outcomes for employees who have maintained their jobs and effectively transitioned into a working from home scenario, it is important that employers plan for and manage the potential negative impacts with the return to workplace - as well as in some cases, continuation of remote working.



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Incident Reviews

Understanding why a safety incident occurred in order to avoid it happening again is critical to continuous improvement.

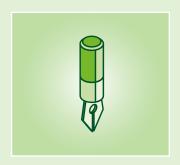
This section provides some simple tips to guide an incident review so that any breakdown or failure in the COVID-19 response or its outcomes can be understood and appropriate corrective action can be taken. In addition, insight from such reviews can be used as the basis of a Safety Alert instruction that can be widely shared across the organisation.

Your Action Plan

After an unwanted outcome – such as when a perceived person-to-person transmission of COVID-19 occurs in a workplace or when a control may seem insufficient to prevent a hazard from occurring – an incident review should be conducted in consultation and coordination with your organisation's legal counsel.

At its simplest, the review may include the following components on the next page.





RECORD THE INCIDENT

The purpose of this step is to capture the facts. This can be done by determining: where the incident occurred, when it occurred, who was present, what they were doing, and what was happening in the environment. This information can be captured by interviewing the parties concerned, reviewing images/video, or examining documentary records. The best practice is that this activity be documented. A simple form, or Word document, may suffice.



DETERMINE A ROOT CAUSE OR CAUSES

While it is beyond the scope of the Guide to describe a sophisticated root cause analysis, the use of the 5 Whys should provide significant insight into the root cause of the incident and lead to the implementation of a new or improved control. To use the 5 Whys, ask why did the incident happen? Based on the response, again, ask why did the response happen? Proceed until you cannot move onto a subsequent response. Once you get to this stage, you are likely to have found the root cause.



RESOLVE THE ROOT CAUSE

Based on your 5 Whys analysis, agree on an improvement plan to create or extend an existing control. This may take the form of new equipment, such as a more accurate thermometer, better training in the use of the equipment, or improved documentation. Perhaps it will be a combination of all three. In any case, once agreed, consider whether the organisation needs to implement the change. The use of the Management of Change process from your safety management system is appropriate. This way you will be confident that the solution will be properly implemented with all interested parties aware, trained, and competent.



SHARE THE LEARNING

After every incident review, you should consider sharing the key insights from the review (situation, cause, solution) with your colleagues. This is known as a Safety Alert and is typically a core competency of a mature safety organisation.



ASSURE

The final step is to reinforce any change. Leaders at all levels should be confident of the controls. One way of remaining confident is to check the control through observation. Another option is to speak with the employees who work closely in the area where the control exists to check on their understanding of the control and to probe their level of confidence. Should something appear remiss, the leader should act promptly to prevent another incident from occurring.

Note: The intent of performing an incident review is not to allocate blame after an incident, but to see the incident as a learning opportunity for the organisation as well as prevent the incident from happening again.

COVID-19 Response Effectiveness Assessment

The impact of changes to operations must be assessed for effectiveness.

To this end, a review of COVID-19 interventions can identify gaps and improvement opportunities that may necessitate changes to the response.



Implementing
this guidance will
encourage the
adoption and
maintenance of the
desired behaviours.

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Process and Deliverables

The COVID-19 Response Effectiveness Assessment comprises two supporting activities, a COVID-19 audit and a COVID-19 management review. The COVID-19 audit assesses whether response activities such as the pre-shift screening are being completed as defined. The COVID-19 management review builds on any audit findings to determine whether the COVID-19 activities need to be modified or updated.

Steps to complete the COVID-19 Response Effectiveness Assessment include the following on the next page.

- The Technical Lead should develop a COVID-19 audit checklist. This list can include all control activities divided by component activities. Where Job Safety Analyses (JSA) have been developed, the component activities may be obtained from these analyses and incorporated in the audit. Alternatively, the Technical Lead may review instructional documents to develop this checklist.
- Using the audit checklist, the Technical Lead (or as delegated) can observe the implementation of COVID-19 control activities such as the usage of PPE, physical distancing, and chemical storage and determine whether the tasks are being conducted as defined. We recommend that the auditor thank and compliment the staff for completing their COVID-19 control activities in compliance with the instructions, as positive reinforcement is a powerful motivator. Where non-compliance is observed, the auditor can use this as an opportunity to provide feedback and to make this a "what could be better" moment. Implementing this guidance will encourage the adoption and maintenance of the desired behaviours.
- After completing the audit, the auditor should review and summarise the results and identify opportunities for improvement.
- At the next meeting of the Pandemic Support
 Team, the Technical Lead can report the findings
 from the audit and discuss the opportunities
 for improvement. At this time, the Pandemic
 Support Team can determine the next steps. This
 may include a management review, the seeking
 of additional information, and/or a subsequent
 change to COVID-19 control activities.
- As a final assessment-related activity, the Technical Lead in association with the Pandemic Support Team can provide feedback to the staff on the findings of the assessment and identify next steps.

Other Considerations

Given the rapidly developing nature of this community health emergency and corresponding changes to government guidance and directives regarding best practices, nimbleness will be required. Acknowledging changing circumstances, it is suggested that the Pandemic Support Team agree to conduct either a formal or informal audit as soon as appropriate to check implementation, correct problems, and continue to improve the response.

An Effective Safety Culture

Given the widespread impact of COVID-19 on virtually all aspects of life, there is a significant likelihood that safety incidents in the workplace will increase in frequency and severity due to distraction.

Organisations should focus on developing and maintaining an effective safety culture.

Your Action Plan

Developing an organisational culture in which safety permeates all activities is a multi-year undertaking. However, even in the current challenging COVID-19 environment, organisations can take active measures to enhance safety culture, while simultaneously building a supportive environment for colleagues. One key benefit of this approach may be the reduction of the potential for safety distractions.

Activities that organisations should consider include the following on the next page.



LEVERAGING THIS GUIDE

Consider the suggestions contained in this Guide – particularly around communications and engagement, training and development, and learning from incidents – and decide whether your organisation wishes to explore them further. This may present an opportunity to demonstrate to colleagues that the organisation is proactively reducing the potential for COVID-19 transmission in the workplace.



EMPHASISING BEHAVIOURAL SAFETY INITIATIVES

Encourage supervisors to increase the frequency of behavioural safety interventions such as Safety Walks and Safety Conversations and the sharing of Safety Alerts and Toolbox Talks. In addition, supervisors should praise the desired safe behaviours four times more frequently than correcting errors. This does not devalue the important role of the supervisor in stopping unsafe work, which remains a key leadership responsibility. However, focusing on desired behaviours is more effective and builds trust. Other behavioural safety tools, such as the ABC approach (antecedent, behaviour, consequence), can be leveraged by supervisors to encourage desired behaviours such as the correct wearing of PPE.



IMPROVING ACCESS TO EMPLOYEE ASSISTANCE PROGRAMS

Organisations may consider enhancing their leave policies so that colleagues do not come to work while ill. Supervisors should check that colleagues do not feel pressured to attend work when unwell, as this is a potential cause of transmission. Changes to policy, if any, should be integrated with existing employee assistance and wellness programs so that colleagues have a wide range of support programs to draw on should COVID-19 related issues (either in work or outside of work) impact their ability to focus and attend to the work at hand. Whether in an office or on a construction site, inattention and distraction may lead to workplace safety incidents.

Other Considerations

To assuage employee concern and anxiety about returning to and remaining at work, organisations can leverage visual controls to remind employees that a multitude of activities are in place to keep people safe. This may include "cleaning scoreboards" that are updated as soon as cleaning activities are completed and shared with employees or wearing a coloured wristband after completing pre-work screening each day.

18

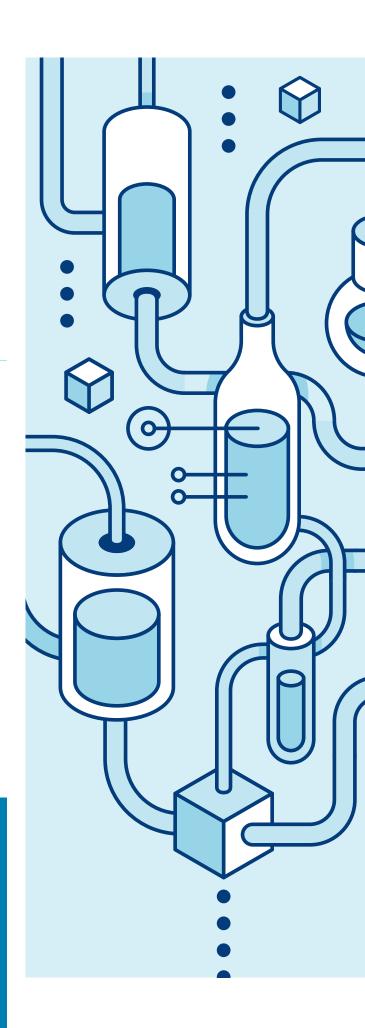
The Safety Management System

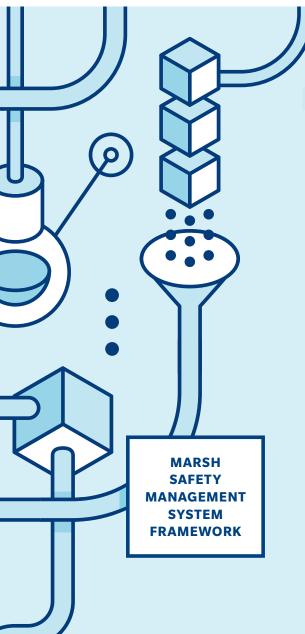
Given the expected continuation of COVID-19 transmission and the need for response until the development of a vaccine, changes to operating practices may need to be included within the pre-existing safety management system.

This additional risk management step is intended to assess whether COVID-19 related controls impinge on existing control procedures and advertently or inadvertently introduce additional risk into an organisation's operations.

Your Action Plan

Led by the safety director (or other accountable executive), changes to operations required by the response to COVID-19 may be integrated into the current management system. To explain how to implement this recommendation, the ISO 45001 aligned Marsh Safety Management System (M-SMS) framework is used as an example of how to align the COVID-19 response with a safety management system.







SCOPE

Has the scope of the management system been extended?

Are there additional stakeholders and what are their specific expectations?

Are there additional regulatory considerations and how will they be addressed?



LEAD

Does the safety policy need to be modified to accommodate the changed environment?

Who is accountable for the COVID-19 response?

Are roles and responsibilities clearly defined?

Is there a role for employees to participate in the development/implementation of the management system, particularly in the roll out of the COVID-19 response?



Is the risk matrix up to date?

Are newly identified COVID-19 hazards effectively controlled? Do these controls have any unintended or unexpected impact on other hazard control measures?

Does the annual safety plan need modification?



SUPPORT

How does the COVID-19 response impact resources earmarked for other pre-planned safety improvement activities?

Will the COVID-19 response interfere with safety training and competency maintenance and development?

How effectively have COVID-19 policies and procedures been incorporated into the existing document management process? Are COVID-19 instructions, policies, and procedures easy for staff to access?



OPERATE

Are operating procedures up to date and inclusive of changes required as part of the COVID-19 response?

If contractors are used, are they effectively integrated into operations? Is there an updated contractor safety management program in place?

Was the management of change process followed when implementing operational changes associated with the COVID-19 response?



MEASURE

How is the COVID-19 Response Effectiveness Assessment integrated within safety management system monitoring and measurement activities?

Are COVID-19 response activities included in safety performance benchmarks and reported on the safety performance dashboard?



IMPROVE

If a COVID-19 related incident occurred in the workplace, was an incident investigation process applied? And, if so, were any lessons learned that can be shared with the organisation?

How are lessons learned integrated into the safety management system continuous improvement process?

COVID-19 Screening Log

Location

DATE	EMPLOYEE ID	NAME	TIME	PRE- SCREENING (PAST/FAIL)	COMMENT	NAME OF MANAGER	CONTACT NUMBER

Note: Treat the Screening Log as an example. Prior to use, confirm with your legal advisors what information can be recorded based on your regulatory requirements and modify the form as advised.

Additional Information
This Guide is just an
overview of some
considerations that
organisations face
when returning
employees to the
workplace.

While we hope you find it helpful, for support in developing and implementing your return to work plan, please reach out to your Marsh client executive, currently assigned consultant, or one of the following Marsh professionals.

For more insights, please visit Marsh's COVID-19 resource hub: https://coronavirus.marsh.com/au/en/australia.html.

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